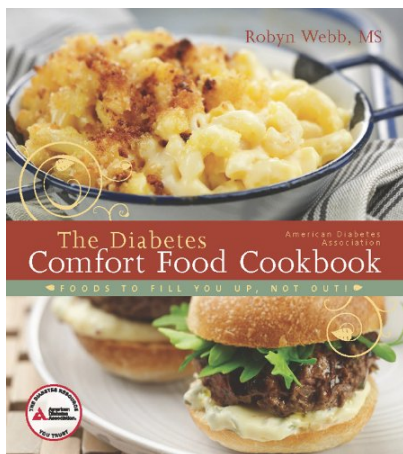


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by Robyn Webb : **The American Diabetes Association Diabetes Comfort Food Cookbook**

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Description :

PDF-70304 | While fancy and sophisticated foods continue to grow in popularity, ask most people what their favorite foods are and the answer will invariably be classic comfort foods: lasagna, meat loaf, mac and cheese, and cake. Unfortunately, most people think that having diabetes means the days of enjoying these hearty classics are long gone, and that their favorite foods are a thing of the past.

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