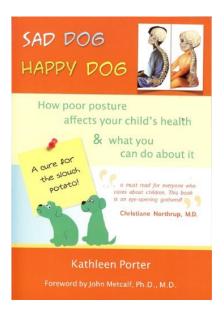
Sad Dog Happy Dog: How Poor Posture Affects Your Child's Health and What You Can Do About It PDF



by Kathleen Porter : **Sad Dog Happy Dog: How Poor Posture Affects Your Child's Health and What You Can Do About It** ISBN : #0615378536 | Date : 2010-10-28

Description :

PDF-77454 | Sad Dog, Happy Dog sounds the alarm on the worsening skeletal collapse facing each successive "techno" generation. Structural collapse stands alongside obesity as a serious threat to the long-term health of children growing up today. Movement educator and researcher Kathleen Porter illustrates how the seeds for structural collapse are often planted in the youngest bodies through the use of certain... Sad Dog Happy Dog: How Poor Posture Affects Your Child's Health and What You Can Do About It



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